

Deadly Hazard of Chlorinated Water in Your Shower

By Peter Ragnar

"I Wouldn't Even Bathe In It... Don't turn your home shower into a death camp gas chamber!"

"What? You wouldn't even bathe in the stuff? Why almost everyone has chlorinated water!" "I don't," was my terse reply. Every time I think of people standing under a hot steamy shower inhaling the vaporous fumes of chlorine activated tri-halo-methanes, the vision of Nazi death camps is pictured in my mind. (Naked humans—untold numbers of them—were gassed in the shower.)

"Hmm, I wonder if Homeland Security ever thought of some terrorist pumping poison gas through municipal water systems?"

I found it odd that Hitler's financial support came from I.G. Farben, the world's largest chemical and drug cartel. During the Nuremberg War Crime Trials, Otto Ambros admitted being production chief of Farben's poison gas facilities. Nazi SS Lieutenant Oswald Pohl described how this chemical giant operated the death camps of Auschwitz and Buchenwald. Pohl was hanged.

"What has this to do with your shower?"

Ironically, the chemicals in your water are produced by one of the family member brand name companies you'd easily recognize, all with ties to the chemical/drug cartel. (Since the subject is far too complex to be discussed here, I highly recommend you read *World Without Cancer: The Story of Vitamin B17* by G. Edward Griffin.)

"What are tri-halo-methanes?"

Tri-halo-methanes are produced when chlorine combines with other industrial pollutants which are dumped into our waterways. Chlorine also combines with other natural compounds to form, as an example, chloroform. Do you remember when they gave your mom or dad gas in the operating room? Chloroform was a legal general anesthetic given to patients before it was recognized just how deadly it could be (think Nazis here). Most people never realize why they feel so groggy after a nice hot shower. Why, it's because you just gassed yourself on the fumes. Remember, when you breathe the vapors the poisons bypass your digestive apparatus and are inhaled directly into your bloodstream. "That is why breathing the gas in the shower is in fact more dangerous than drinking the poison itself."

Once, decades ago, working as an ironworker, I took a job few other men were willing to do. They laughed at me in the union hall and said I'd be back the next day unless I was found in the hospital. A couple of other men and I were to erect new steel beams inside a chemical plant making chlorine. I was given a gasmask and asked to climb up a 30 foot steel column. We were going to replace the steel beams and other members that had been eaten apart by the fumes. When I saw the corrosion of the steel, I suddenly thought of my lungs. "Ah! So that is why we can only work for 15 minutes at a time." (In those days I was quite dumb!)

"As I began climbing the steel column, my labored breathing began to fog up the gasmask."

The simple gasmask must have been purchased at an army surplus store. Since it was the only protection I was given, I began to picture regular chemical company employees wearing full hazmat poison gas suits, now resembling space astronauts through my foggy brain. Suddenly, just in the nick of time, I realized the danger. Chlorine gas was seeping into my mask. I held my breath. My lungs were bursting and I was fighting to keep from passing out as I slid down the column. Confused and blinded, I somehow was able to get out of the building and into one of the emergency chemical disaster showers.

"I was told that I had breathed too much chlorine gas."

I was certainly more fortunate than the worker I had replaced. He was still in the hospital. The gas caused his lungs to fill with water and he nearly drowned in his own fluids. Something about Nazi war criminals, chemists, and showers stuck in my brain. I was lucky that morning to be one who walked away.

"Why do we still use chlorine? Because the powers that be make gigantic profits!"

But, why doesn't the nation walk away from using chlorinated water? 2,100 contaminants have been discovered in U.S. drinking water since 1974, of which 97 are carcinogens and others are suspected carcinogens. They have already identified 28 tumor promoters. The amount of THMs is supposed to be regulated by the EPA. What's the maximum amount of these haloforms allowed? By law 100ppb yet, 31 of 112 city municipal water systems tested showed that they exceeded this limit. Hopefully this wasn't one of the 31 cities you live in! If it's the profit motive here, it's pretty mercenary. If not, it's just plain stupidity. The medical college of Wisconsin, in researching chlorine, stated;

"We are quite convinced based on this study, that there is an association between cancer and chlorinated water."

According to the U.S. Council of Environmental Quality, "Cancer risk among people using chlorinated water is as much as 93% higher than among those whose water does not contain chlorine." In the face of this, it just makes sense to do something about it in your home, doesn't it?

**According to biologist/chemist Dr. Herbert Schwartz,
"Chlorine is so dangerous that it should be banned."**

"I believe if chlorine were now proposed for the first time to be used in drinking water, it would be banned by The Food and Drug Administration." Putting chlorine in the water is like starting a time bomb. Cancer, heart trouble, premature senility, both mental and physical, are conditions attributable to chlorine-treated water supplies. It is making us grow old before our time by producing symptoms of aging such as hardening of the arteries.

"The way we guarantee safe drinking water is broken and need to be fixed," states Carol Browner, former U.S. EPA chief."

Duh! And who is going to fix it? Holding your breath or wearing a gasmask while showering doesn't cut it. Only you can do something about your home water supply. Today's decisions preserve tomorrow's dreams, and only you can make them happen! Please don't put this off; it is your health which is at stake.

When do you think the best time to make this decision about your health would be?

"With the realization that more chemicals enter our body through skin absorption and inhalation of steam while showering than does from drinking water, the benefits of shower filtration have become very obvious."

A recent report in the American Journal of Public Health linked chlorine to significant increases in certain types of cancer and stated that "up to two-thirds of the harmful exposure was due to skin absorption and inhalation while showering."

A warm shower opens the pores of the skin and allows a high rate of absorption of chlorine and other chemicals. The steam we inhale while showering can contain up to 20 times the level of chlorine and other synthetic chemicals than tap water due to the fact that these chemicals vaporize at a lower temperature and at a much faster rate than water. Inhalation of chlorine and chemical vapors is known to be a strong irritant to the tissues in our lungs and a suspected cause of asthma and bronchitis. When chemicals are inhaled into our lungs they enter directly into our bloodstream and can have magnified effects versus ingested chemicals, which are partially filtered by our liver and kidneys. Other than the obvious health benefits of showering in chemical free water, the cosmetic benefits are even more noticeable. Anyone who has ever gone swimming in a chlorinated pool can relate to the harsh drying effect that chlorine has on your skin and hair. Without the effects of chlorine and other chemicals found in tap water, your skin and hair retain moisture more effectively for a younger healthier look and feel.

A product which removes chlorine from your shower

Japanese Company **Kenrico** manufactures the [Ion Showerhead](#) (available to our readers via [detox-foot-patches.com](#)) which removes chlorine and other impurities from your shower water and additionally energizes the water with negative ions.

[Click here to view the Ion Showerhead at Kenrico Detox Foot Patches.com website.](#)