

What to do When You Need Dentures

You have been taught from a young age to try to take the best possible care possible of your [teeth](#). Even those that follow this rule closely, brushing regularly, flossing and visiting your regular dentist once or twice a year for checkups, may find themselves in a situation where a tooth or multiple teeth are damaged and need to be removed. Many people have fear of going to the dentist for a variety of reasons and may put off getting necessary work done, leaving them with damaged or missing teeth that can cause problems. If you feel that you may need to have teeth removed, you need to know what to do if you require dentures.

Speaking to a Dentist

The first step to take is to visit your dentist. Whether you have a regular dentist you see often or need to find someone new, you should make sure you have a complete checkup so the dentist can examine you and tell you what may need to be done to remove teeth that are damaged or decaying, or what steps you can take to replace missing teeth. You may be referred to a cosmetic dentist for more detailed work because this is the type of specialty that they can perform for you. A cosmetic dentist can then provide you with all of the details regarding the different steps that you can take.

Learning About Your Options

If you visit a cosmetic dentist, you can discover more about the options that you have. If the cosmetic dentist has to remove a tooth or teeth right away, they may use immediate dentures to help fill in the gaps to provide you with something on a temporary basis until you can explore a more permanent option. You will find that you can discuss denture options and learn about procedures such as a flexible denture, partial dentures to replace a single tooth or multiple teeth, or full dentures if you need to replace a large area in the upper or lower portion of your mouth. You may even want to learn more about denture implants and dental implants and the pros and cons and particular benefits of having implants over traditional dentures. All of these are options so you can make a more informed decision.

You should make sure you are completely comfortable with the cosmetic dentist you choose, so you can ask questions and feel confident in the procedures they will perform to provide you with the dentures that will work best for you. If you want to learn more about the different types of dentures available, reach out to the dental practice at the [UK Smile Centre](#). The UK Smile Centre can work with you to help restore your smile and get you the dentures that you need.